



GERALD FORD

XXXVIII President of the United States: 1974-1977

29 - Exchange With Reporters Following Annual Physical Examination at Bethesda Naval Hospital.

January 24, 1976

Document Archive

- Public Papers
- State of the Union Messages
- Inaugural Addresses
- Radio Addresses
- Fireside Chats
- Press Conferences
- Executive Orders
- Proclamations
- Signing Statements
- Press Briefings
- Statements of Administration Policy
- Debates
- Convention Speeches
- Party Platforms
- 2009 Transition
- 2001 Transition

Data Archive

Data Index

Media Archive

Audio/Video Index

Elections

Election Index

Florida 2000

Links

Presidential Libraries

UCSB: PS 157

View Public Papers by Month and Year

Month Year

Check to *exclude* documents from the Office of the Press Secretary

View PPPUS

Search the Entire Document Archive

Enter keyword:

AND OR NOT

Limit by Year

From: 1789

To : 2009

Limit results per page

30

THE PRESIDENT. Good morning.

REPORTER. How do you feel, Mr. President?

THE PRESIDENT. I feel fit as a fiddle. Getting healthier every day.

Q. Passed all your tests, as far as you know?

THE PRESIDENT. I think I did with flying colors. Comes from good living, you

Q. You are smiling. I guess things are going pretty well then.

THE PRESIDENT. I feel fine, really--a little bright light with the things that are in my eyes, for whatever it is. But other than that, I feel great.

Q. Whatever happened to your experiment with contact lenses? Did that fall by the wayside?

THE PRESIDENT. Well, I wear glasses so infrequently I decided it wasn't worth the effort.

Q. Did you get any advice from your doctors, Mr. President?

THE PRESIDENT. To keep doing all I'm doing--recreation, exercise, watching the calories.

Q. Does that exercise include swimming in this weather?

THE PRESIDENT. I swim every day. I swam last night at 10:30. Come out and join me sometime.

Q. Does this mean, Mr. President, that you are going to be skiing in New Hampshire?

THE PRESIDENT. We'll wait and see.

Q. How are you doing on your weight?

THE PRESIDENT. I weigh less now than I have for 20 years.

Q. So you're all fit for the campaign, then?

THE PRESIDENT. Fit to be President. Nice to see you all.

REPORTER. Thank you.

Note: The exchange began at 11:10 a.m.

Citation: John T. Woolley and Gerhard Peters, *The American Presidency Project* [online]. Santa Barbara, CA: University of California (hosted), Gerhard Peters (database). Available from World Wide Web: <http://www.presidency.ucsb.edu/ws/?pid=5788>.

COLLECTION:

*Public Papers
of the Presidents*



Gerald R. Ford
1976-77: Book I

Font Size:



Print

Report Typo

ADD THIS